



NO OTHER gODS

— 30 Days of Worship —

DAY 21

— Household gods / Direction / Voice —

READ

Psalm 77

⁴ *You hold my eyelids open;
I am so troubled that I cannot speak.*

⁵ *I consider the days of old,
the years long ago.*

⁶ *I said, "Let me remember my song
in the night;*

let me meditate in my heart."

*Then my spirit made a diligent
search:*

⁷ *"Will the Lord spurn forever,
and never again be favorable?*

⁸ *Has his steadfast love forever
ceased?*

*Are his promises at an end for all
time?*

⁹ *Has God forgotten to be gracious?*

*Has he in anger shut up his
compassion?" Selah*

¹⁰ *Then I said, "I will appeal to this,
to the years of the right hand of the
Most High."*

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¹¹ *I will remember the deeds of the Lord;*

yes, I will remember your wonders of old.

¹² *I will ponder all your work, and meditate on your mighty deeds.*

¹³ *Your way, O God, is holy. What god is great like our God?*

¹⁴ *You are the God who works wonders; you have made known your might among the peoples.*

¹⁵ *You with your arm redeemed your people, the children of Jacob and Joseph. Selah*

¹⁶ *When the waters saw you, O God, when the waters saw you, they were afraid; indeed, the deep trembled.*

¹⁷ *The clouds poured out water; the skies gave forth thunder; your arrows flashed on every side.*

¹⁸ *The crash of your thunder was in the whirlwind; your lightnings lighted up the world; the earth trembled and shook.*

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*¹⁹ Your way was through the sea,
your path through the great waters;
yet your footprints were unseen.*

*²⁰ You led your people like a flock
by the hand of Moses and Aaron.*

REFLECT

This psalm begins with a lament. The troubles of life feel overwhelming, and the psalmist is beginning to wonder if perhaps God's steadfast love has come to an end. He wonders if God's promises have come to an end forever.

If we are honest, we sometimes feel this way too, and the best thing we can do is pour out our doubts and questions to the Lord in worship.

Are you in a season of feeling overwhelmed? Are there longings of your heart that remain

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unfulfilled? Are you wondering if maybe God's goodness has run out? Or maybe you have begun to believe that God is good...but only to other people. Do you feel stuck in that place of trying to force a smile when your heart is breaking within you?

RESPOND

Allow the lament of your heart to be put into words. Give voice to your disappointments. Speak them all aloud to the Lord, or write them out and give him the depths of the buried aches of your heart. Set aside time to allow the emotion to rise to the surface, and let it flow in the presence of the Father.

When you have finished, read verses 10 and 11 again. Turn the corner with the Psalmist and lift your voice to speak aloud of the

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wonders of the Lord. What are the works that you have seen God do? Were there times in the past that you saw him come through? What are the things you have seen him do in your own life? Take time to thank him for calling you into his family.

If you have the time and energy, join in the worship below and tell the Lord that it is well with your soul.

<https://tinyurl.com/yxpn5gu6>